

# Cheer and Song GIRL'S SOCCER

**By: Boyoung Kim**  
Editor

The new decade promises a prospective year for Cheer and Song as a successful season is coming to a close and tryouts open doors, albeit narrow ones, to welcome potential Cheer and Song members. Thirty-five games, one hundred hours of practice, and five championship victories are all routine for Valencia High School's Varsity Cheer and Song teams. With four and three competitions under their belt, respectively,



CHEER TEAM POSES WITH THEIR NEW TROPHY. PHOTO BY: MICHELLE POWELL

the Varsity Cheer and Song teams have endured through long, intense practices for the ultimate goal of raising school spirit.

"They have done really well with the expectations the coach has set," said Georgianne Bryant, the Cheer and Song advisor, a praise that is proven by Cheer's victorious 1st place in a state championship competition. Mrs. Bryant is proud of her girls, describing them enthusiastically as "by far the most cooperative teams" and "excellent at cheering."

However, the Cheer and Song teams do not accept these compliments as a reason for complacency. Each year, both teams strive to increase their performance level from the year before, through even more conditioning and stunt practice. The primary focus for improvement in Cheer will be on tumbling, or backhand springs, while the Song team will work harder to hone their dance skills.

All their effort and hard work are geared towards building teamwork and simply improving from performance

to performance. While scores and ranking are tangible manifestations of their success, the girls are more focused on consistent improvement and meshing together as a team.

"We just want them to give 150%," Mrs. Bryant explained, and "effort and commitment" are the two key facets that are expected from the Cheer and Song teams. They must face long days

of consecutive competitions, practices, and school games, as well as preparation for showcases and school assemblies. As a team, Lauren Gonzalez, the Varsity Cheer co-captain, aims to "get along with each other to do [their] best."

Their companionship, more aptly described as "family," helps the girls face a long road of competitions, practices, games, showcases, and assemblies. This year-round season requires much dedication, and the girls are encouraged by their team members and the motivating leadership of the advisor and Cheer and Song leaders.

"We always try to pick up their spirits," says Morgan Ramos, a Varsity Cheer co-captain. Nevertheless, being on the Cheer and Song teams do not only comprise of hard work. Tori Hernandez, the Junior Varsity Cheer co-captain, says: "it's fun to feel you're a part of something," and creates a vibe of unity by describing the team as "like a family." Their unity as a team is strengthening and aids them to victory.

The opportunity to join one of these teams will be open during the week of April 26th. Whatever the new team delivers next year, the ultimate goal, as Mrs. Bryant says, is "to be a good representative of Valencia High School no matter what."

**By: Jin Joo Hong**  
Reporter

Valencia High School's girls' varsity soccer team had a tough game against Kennedy High School on Thursday February 4, 2010. The girls' soccer team went down to a narrow defeat. The hard-pressed Irish

succeeded in scoring one goal, giving them the victory. VHS played very well, however, their best shots were blocked by Kennedy High School's goal

keeper. "She didn't let anything past her," commented one of the VHS's soccer player, Poojah, praising the Irish goal keeper. However, there was greater praise for how hard the Tigers fought to prevent further Tiger goals. Our goal keeper, Rachel Leiken, also rated praise for good blocking against the Irish. Sierra VanMeter also played well for the Tigers.

The goal for the team is to do better and go to California interscholastic Federation (C.I.F). Despite the narrow loss, Sierra VanMeter commented that the team has grown considerably during the league season which ends Thursday, February 11, 2010. Everyone is expecting VHS to do well and win a CIF playoff spot. This time, Tigers gave in to Kennedy High School for the victory; however, Valencia High School beat Kennedy earlier this season.

Tiger fans are expecting the girls' soccer team to go to the CIF finals and to make Valencia High School proud. Coach Gardner agreed that they had had a hard time with Kennedy High School on February 4, 2010. However, he is a coach, whose philosophy, that he finds responsible, is to build integrity, responsibility and perseverance. Tigers' girls'



GIRLS SOCCER TEAM SHOWS THEIR JUKES AND PASSES. PHOTO BY VIVIAN HERNANDEZ

varsity soccer team showed responsibility by not giving up even when their chances of winning became slim. They also set an

excellent example of team work. One of Coach Gardner's goals is to make the team push through tough ties in order to enjoy the exciting moments in competitions.

VHS girls' varsity soccer team is working hard and going through tough practices. Professional athlete Bill Shankly said of soccer: "Soccer is a matter of life and death, except more important." The quote suggests the attitude of our team, considering how hard our dedicated Valencia Tigers work to bring home success. With good luck and support from their fellow Tigers, the Valencia girl's soccer team will travel far and be victorious.

Our girls' soccer team will have two more league games, one with Laura High School and one with Pacifica High School on the 9th and the 11th of February.

# GIRLS' BASKETBALL SHINES

## The Lady Tigers Continue to Shoot for their Goals

**By: Josh Sumahit**  
Reporter

Our very own girl's basketball team advanced onto the CIF finals. All throughout the month of February they played numerous games back to back. The teams that they had played were as follows: Ventura, Sultana, Foothill, and Katella. With none of those teams keeping our lady Tigers from reaching the championship, we advanced to becoming the best of the best.

On the dates of February 4th, 9th-15th, and the 22nd, they played all the teams that were in the bracket for CIF. One by one each team lost to our lady Tigers as they won each of their games. Advancing onto the CIF quarter finals,

the championship was within grasp.

As our lady Tigers took a trip to Ventura, they saw where they would be playing their next game. Their opponents for their first game of the quarter finals were Ventura High School. With a goal set in their minds, they



GIRLS BASKETBALL PERFORMS WELL NOT ONLY DURING THEIR GAMES BUT ALSO DURING THEIR PRACTICES. PHOTO BY: MICHELLE POWELL

prepared for the game. The Girls Varsity Basketball roster consisted of Bridget Licari(11), Cynthia Sandoval(11), Naomi Ruiz(11), Jasmine Kyi(11), Erika Pagkalinawan(9), Andrea Alvarado(12), Jocely Cano-Garcia(10), Brooke Punting(12), Aunjanay Chambers(12), Destiny Lopez(11), Tandice Mcgee(11), Deandra Blunt(11), Emy

Elmore(12) and their coach Dick Katz.

Not everyone on the team had played in that quarter final game against Ventura. With an intense battle for a spot in the quarter finals, our girls played their hearts out and left nothing on the court except their best effort. Though the outcome was not in our favor, The Lady Tigers kept their heads held high and the attitudes of winners.

Still having the pride of their school with them, they congratulated their opponents and then proceeded to the locker room. While in the locker room, they got a pep talk from their coach and they discussed how their game went. Though they didn't win CIF this year, it means that next year they will have another opportunity to take CIF yet again. Keep the hard work up ladies. We believe in you.



# BOYS' GOLF BRINGS IT HOME

**By: Boyoung Kim**  
Reporter

With a start, the Boys' Golf team is anticipating an excellent season this upcoming spring. Skilled and experienced returning players and new notable additions will strengthen the team and increase their chances of success in the race for League and CIF victories.

The team prepares itself with diligent practices, self-equipped with committed members and motivating leaders, Greg DeSmith and Kwang Yi. They have guided their team towards an impressive beginning, and hopefully a subsequently rewarding season.

Having played a challenging pre-season against Troy, Esperanza, and Brea Olinda High Schools, the boys are confident about their impending first game against Troy High School on March 1st.

Coach Mark Castillo believes that the team is "pretty well-prepared" and

is optimistic about this season and the team. This year's group is more experienced with a greater amount of returning players, which will be highly beneficial—

not only in terms of skills, but also in the understanding of the game.

Last year, the boys succeeded in making it to the playoffs for the California Scholastic Federation (CIF). In hopes of continually pro-

gressing and improving, the team will strive for slightly elevated goals. Greg DeSmith, the senior Varsity co-captain, would like to see his teammates prac-

tice more frequently in order to unleash their potential and perform at their maximum level.

"Our goal this year is to win league and finish top in 8 in CIF," Coach Castillo explained.

However, scores and rankings are not the only priorities the boys' golf team has in mind. Coach Castillo wants

his potential Varsity golfers, besides possessing a foundational skill set of a golfer, to "be good citizens and respect the honor of the game." In golf, as in any other activity, honesty and sportsmanship are significant aspects to the sport and greatly contribute to the manner by which the game is played.

Greg DeSmith likewise values citizenship when it comes to golf. As a leader, he encourages his fellow teammates, and perhaps prospective ones, by "setting an example" and "being worthy to the game."

As the members of the golf team are already established, the two weeks of February 16th to February 25th serve not as tryouts, but as confirmation of who is designated to Varsity and Junior Varsity respectively. Those distinguishing components, besides competence, include, and are well represented by, honesty and integrity. Finally, Greg advises that one needs the 'confidence that you can do well in the sport you play.'



**Cameron Tan (11) practicing his swing on the golf course.**  
Photo By: Jack Dauley

## GIRLS' SOFTBALL

**By: Isaac Magallanes**  
Reporter

Girls' Softball is certainly not a force to be reckoned with. Coming in last year with nineteen games won, Coach German has been training the Girls' softball team with one goal: victory.

The girls have been working through training, running, drilling etc., each for about twice every week. Obviously, with such vigorous training, the Tigers are expecting more than just a "good" season.



**PRACTICING FOR THEIR GAMES.** PHOTO BY: JACK DAULEY

Coach German stated, with confidence, his desires for the team, making it clear that Valencia's softball team is not just your average school's sports team. "We are the only Division 1 sports team on campus," stated Coach German, assuring that the team is really something extraordinary.

The winning team is definitely coming back strong this year with eight returning players, two of them seniors and six all leaguers. Some key players to watch for this year are Amy Gerhardt, Jamie North, and Bekah Sanchez, who the coach claims will be the driving force of the team.

The coach talked about upcom-

ing games and opponents, saying that every opponent will be tough competition. Despite this, the coach said that the tigers have experience on their side, and with last years great turn out, this year should come easier. However, despite the Tigers advantages, there is one team whom the Tigers seek to defeat. Last year, Cypress was the one school whom the Tigers could not defeat; both games they

played against them were lost. So, with this in play, the softball team is looking forward to annihilating Cypress.

On the other side, Katella is expected to be an easy win since they are the easiest team in Division 1, soon to be dropping out.

The Girls' Softball team is expected to come strong this year. Coach German's main goal is, first, to make the playoffs, which should not be hard considering last year's great outcome, and second, to win twenty games as opposed to last years nineteen, which, with the Tigers current preparations, should be easy.

The Tigers are definitely getting ready for a great season full of joy and victory. Stay tuned into this season because it's certainly not going to be a let down.

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